

Reëls en Algemene Inligting:

1. Die reëls van IAAF en ASA is van toepassing.
2. 2014 Lisensie nommer of 'n tydelike lisensie moet gedra word.
3. Tydelike lisensienommers sal beskikbaar wees @ R25,00 elk.
4. Ouderdomskategorieë word bepaal deur jaar van geboorte -
5. In geval van 'n dispuut sal bewys van ouderdom (ID Dokument) gelewer moet word.
6. Wegspringtyd - 11:00
7. Wedloop begin en eindig by Platberg Stadion.
8. Prysuitdeling by Platberg Stadion om 14:30
9. Verversings en ligte etes sal beskikbaar wees.
10. Atlete moet op dag van wedloop 15 jaar of ouer wees.
11. Lisensienommer en wedrennommer moet voor op frokkie vertoon word.
12. Ouderdomkentekens moet duidelik voor en agter op frokkie vertoon word.
13. Afsnytyd 1 uur 15 minute by Bloekombos.

Rules and General Information:

1. The race is run according the IAAF and ASA rules.
2. 2014 Licence numbers or temporary licence numbers must be worn.
3. Temporary licence numbers will be available @ R25,00 each
4. Age categories are determined according to year of birth -
5. Proof of age (ID Document) will be required in case of dispute.
6. The race starts at 11:00.
7. Race starts and finishes at Platberg Stadium.
8. Prize-giving at Platberg Stadium at 14:30.
9. Refreshments and light meals will be available.
10. Athletes must be 15 years or older on the day of the race.
11. Licence numbers and Race number must be worn on the front of the vest.
12. Age category tags must be displayed on the front and back of the vest.
13. Cut Off time 1 hour 15 minutes at Bloekombos.



HARRISMITH

Mountain Race / Bergwedloop

15KM



Saterdag/Saturday: 11/10/2014

At/Om 11:00

Stappers / Walkers 11:00

Fun Run at 11:15

PRE-ENTRIES PREFERABLY -
VOORAF-INSKRYWINGS VERKIESLIK

CLOSING DATE /
SLUITINGSDATUM

15/09/2014

AKKOMODASIE BESKIKBAAR / ACCOMMODATION AVAILABLE

HARRISMITH INN	058 622 1011
HERITAGE HOUSE	083 300 3534
AFRICCLASSIC	058 622 2809
MOUNTAIN VIEW INN	058 623 0255
JENNIES'S PLACE	058 623 1275 / 083 532 5235
GREENSLEEVES GUESTHOUSE	082 378 2639



INSKRYWINGSVORM / ENTRY FORM

BANK BESONDERHEDE/BANK DETAILS

ABSA:
 REK NO/ACC NO: 405 355 9868
 TAKKODE/BRANCH CODE: 334-633

Enter Online - www.enteronline.co.za
 Hand Delivered or Bank Deposits - Fax Slip before or on (15/09/2014)
 Per Hand afgelewer of Bank Inbetalings:
 Faks Strokke voor of op (15/09/2014)
 Fax Nr: 086 582 5220

INSKRYWINGSFOOI: R70					
Pre Entries:					
TYDELIKE LIS: R25					
TEMPORARY LIC: R25					
Laat inskrywings: R100					
Late Entries: R100					
Temp Licence Included					
Breathable T-shirts R100					
T-Shirts R100					
XS	S	M	L	XL	2XL



Bergwedloop nr
 Mountain Race no
Vir Kantoorgebruik For Office Use

* *Voltooi en pos aan Harrismith Marathon Klub: Posbus 573, Harrismith, 9880 (Sluitingsdatum 15/09/2014)*
 * *Complete and forward to Harrismith Marathon Club: P.O. Box 573, Harrismith, 9880 (Closing date 15/09/2014)*

VAN / SURNAME

VOORNAAM / FIRST NAME

ID NOMMER / ID NUMBER

OUDERDOM / AGE (Jare/Years)
 (Dag v Wedloop / Day of race) GESLAG / SEX M F

KLUB / CLUB

POSADRES / POSTAL ADDRESS

KODE / CODE
 LISENSIE NR / LICENCE NO.

Landline:
 Cell:

E-MAIL

Tjek/Cheque	Posorder/Postal Order	Internet oorplasing/ Internet Transfer	Include/Ingesluit
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Ek verklaar dat ek op eie risiko hardloop en die organiseerder vrywaar van enige aanspreeklikheid vir besering of verlies.
 I declare that I run at my own risk and indemnify the organisers of any responsibility for injuries or loss.

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 Handtekening van ouer/voog indien deelnemer onder die ouderdom van 19 is
 Signature of parent/guardian if competitor is under the age of 19

.....
 SIGNATURE/HANDTEKENING

Bekers - Trophies

Belcher Beker/Cup
 First on Top of Platberg/ Eerste bo-op Platberg

Dale Beker/Cup
 Race Winner/Wedloopwenner

Fika Patso Beker/Cup
 Second Place/Tweede Plek

Alet Pretorius Floating Wisseltröfeë / Trophy
 Eerste Dame / First Lady

Mills Beker / Cup
 Eerste Junior Man / Junior Man

Merinodal Floating Wisseltröfeë / Trophy
 Eerste Junior Dame / First Junior Lady

Motel Kennedy Beker / Cup (40 - 49)
 Eerste Veteraan Man / First Veteran Man

Hannelie Rautenbach Floating Wisseltröfeë / Trophy (40 - 49)
 Eerste Veteraan Dame / First Veteran Lady

Johan Stoltz Beker / Cup (50 - 59)
 Eerste Plek / First Place

Maansie Lombard Floating Wisseltröfeë/Trophy (60+)
 Eerste Plek / First Place

Pryse / Prizes (Ope/Open)

Wenners / Winners Mans - Men Dames / Ladies

Eerste/First	R1000	R1000
Tweede/Second	R600	R 600
Derde/Third	R400	R 400
Vierde/Fourth	R150	R 150
Vyfde/Fifth	R100	R 100

Ouderdomme/Ages 40 - 49

Eerste/First	R500	R 500
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Ouderdomme/Ages 50 - 59

Eerste/First	R500	R 500
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Ouderdomme/Ages 60 +

Eerste/First	R200	R 200
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Junior

Eerste/First	R200	R 200
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Rekord / Record

	R500	R 500
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Mens: 1:03:08

Ladies: 1:24:55

Medaljes - Medals

Goud / Gold

Eerste drie Mans/First three Men
 Eerste drie Dames/First three Ladies

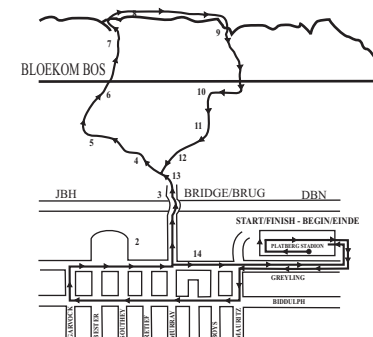
Kategorie Wenners / Winners of all Categories

Silwer / Silver

Alle voltooiers binne 1:40min
 All finishers within 1:40min

Brons / Bronze

Alle voltooiers binne 3:30min
 All finishers within 3:30min



Navrae / Enquiries
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