

HARRISMITH MOUNTAIN RACE 15KM

Harrismith 15/10/2016

Record Male : Michael Miya 01:03:08 2000

Record Female : Ntebaleng Letsela 01:23:11 NEW RECORD 2016

<u>Pos.</u>	<u>Name</u>	<u>No.</u>	<u>Sex</u>	<u>Age</u>	<u>Cat.</u>	<u>Club</u>	<u>City</u>	<u>Time</u>
1	Sootho Raletebele	357	M	30	S	MEXED ELITE	LESOTHO	01:09:26
2	Lucky Miya	404	M	35	S	GALLOPERS AC	KELVIN	01:10:21
3	Buti Mokoena	1	M	33	S	MMC	WARDEN	01:10:25
4	Retsepile Khotle	601	M	32	S	BENONI HARRIERS		01:12:18
5	Bahlakoana Khuele	388	M	29	S	CALTON AC	LESOTHO	01:12:20
6	Jello Rebone	348	M	28	S	MAXED ELITE	LESOTHO	01:13:25
7	Adoro Lephethesang	347	M	36	S	TEMP		01:15:33
8	Mabuthile Lebopo	394	M	40	V	MAXED ELITE	LESOTHO	01:20:08
9	Pieter Stoffberg	141	M	52	M	TEMP	PRETORIA	01:22:49
10	Ntebaleng Letsela	395	F	26	S	PHATANE	LESOTHO	01:23:11
11	Edward Seala	569	M	39	S	TEMP	HARRISMITH	01:23:55
12	Bonga Jakobs Moloji	305	M	25	S	TEMP	HARRISMITH	01:24:54
13	Isaac Tshabalala	449	M	35	S	NEDBANK	HEIDELBERG	01:24:54
14	Pieter Swanepoel	484	M	35	S	KEMPTON ROAD RUNN		01:25:24
15	Lwazi Mathunjwa	304	M	22	S	DRAKENSBERG AC	HARRISMITH	01:26:03
16	Steven Herceg	452	M		S	GERMISTON CALLIES	WALKERVILLE	01:26:12
17	Retere Sentso	346	M	49	V	ZAKHELE AC		01:26:45
18	Simon Radebe	306	M	43	V	HMK	HARRISMITH	01:26:57
19	Derek Wasserfall	325	M	36	S	HILLCREST VILLAGER	DURBAN	01:26:58
20	Charles Motaung	384	M	21	S	SETSINGS SUPERPAR		01:28:27
21	Louis Van Devetner	575	M	32	S	TEMP	BETHLEHEM	01:28:37
22	Lesedi Radebe	578	M	23	S	KOVSIES		01:29:18
23	Bethabile Mphwani	464	M	22	S	TEMP		01:31:04
24	Abraham Naude	27	M	25	S	HARMONY STRIDERS	WELKOM	01:31:04
25	Samuel Moloji	299	M	49	V	HMK	HARRISMITH	01:31:24
26	George Tshabalala	549	M	24	S	SAP		01:31:26
27	Boy Soke	577	M	33	S	KOVSIES		01:32:10
28	Stephen Motaung	515	M	35	S	MALUTI MULTI SPORT		01:32:12
29	Lefu Phillimon Moloji	139	M	26	S	HARRISMITH	HARRISMITH	01:32:13
30	Matthew Aiken	83	M	29	S	TEMP	NORTHMEAD	01:32:42
31	Andries Nienaber	262	M	31	S	MAGNOLIA	MONUMENT PARK	01:33:50
32	Dada Moloji	554	M		S	MALUTI MULTI SPORT		01:34:23
33	Mandla Tlale	562	M	19	J	JHB HARIERS AC	JHB	01:35:21
34	Thembinkosi Hlatshwayo	586	M	38	S	LADYSMITH AC	LADYSMITH	01:35:21

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35	Micheal Thocakae	587	M	31	S	AWESOME RUNNERS		01:36:48
36	Bongumusa Mqadi	151	M	27	S	TEMP	HARRISMITH	01:37:20
37	David Mthembu	553	M	45	V	MALUTI MULTI SPORT		01:37:43
38	Sipho Majola	253	M	36	S	KLIP RIVER STRIDER	LADYSMITH	01:37:44
39	Estiaan Coetzee	528	M		J	TEMP	WESSELSBRON	01:37:54
40	Jonas Ngozo	552	M	32	S	SAPS MC		01:38:20
41	Muntu Mahlangu	595	M	40	V	HMK	HARRISMITH	01:38:21
42	Zwelithini M Kubheka	295	M	36	S	TEMP	HARRISMITH	01:38:48
43	Maphuti Phoka	602	F	38	S	BORN2RUN		01:38:57
44	Bhekizulu Khumalo	537	M	16	J	JHB HARIERS AC	TOWNSVIEW	01:39:16
45	Johan Fourie	438	M	32	S	TEMP	WINGATE PARK	01:39:40
46	Sipho Tshabalala	490	M	37	S	SAP		01:39:41
47	Mohaw Mabutsa	455	M	36	S	TEMP		01:40:08
48	Mothiba Shdi	538	M	17	J	JHB HARIERS AC	JHB	01:40:20
49	Bongimpilo Dube	356	M	41	V	TEMP	HARRISMITH	01:40:51
50	Five Malakwane	125	M	36	S	HMC	HS	01:41:55
51	Ramoroa Molose	109	M	49	V	ERWAT	RASLOUW	01:42:27
52	Mpho Motaung	502	M	43	V	MALUTI MULTI SPORT	BETHLEHEM	01:42:46
53	David Maphalala	293	M	37	S	HMK	HARRISMITH	01:43:04
54	Tsuele Rodebe	459	M	23	S	TEMP	TSIAME	01:43:16
55	Travis Saunders	68	M	32	S	TEMP	JHB	01:43:32
56	Kevin Blann	73	M	40	V	ALBERTON LEWENSENT	ALBERTON	01:43:33
57	Siyabonga Tshabalala	555	F	23	S	TEMP		01:44:08
58	Riaan Riekert	219	M	38	S	KEMPTON ROAD RUNN	KEMPTONPARK	01:44:41
59	Desmond Phillips	539	M	47	V	EKURHULENI	DALVIEW	01:45:21
60	Mike Snyman	378	M	47	V	NEDBANK	EDENVALE	01:45:46
61	Aron Mthubewe	516	M	23	S	TEMP		01:46:27
62	Bambie De Wet	3	F	46	V	HMC	HARRISMITH	01:46:49
63	Petri Johan Cook	417	M	29	S	TEMP	HARRISMITH	01:46:50
64	Moeketsi Dlamini	524	F	33	S	MALUTI MULTI SPORT		01:47:41
65	Shane Hilliar	100	M	35	S	BIGGERSBERG	DUNDEE	01:47:42
66	Lucas R Tabi	290	M	33	S	TEMP	HARRISMITH	01:47:56
67	Alan Coulter	509	M		M	KRUGERSDORP		01:48:06
68	Sameul Ndaba	506	M		S	SAPS MC	PHUTHADITJHABA	01:48:38
69	Johan De Bruyn	379	M	39	S	BETHLEHEM	PETRUS STEYN	01:48:39
70	Willem Malan	69	M	44	V	RANDBURG HARRIERS		01:48:47
71	Moeketsi Mabote	352	M	56	M	TEMP		01:48:55
72	Mia Van Heerden	359	F	27	S	TEMP	JHB	01:49:28
73	Dale De Klere	412	M	36	S	VITALITY	JUKSKEI PARK	01:50:49
74	Jaco De Jager	319	M	45	V	PDAC	PINETOWN	01:51:30

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75	Nestor Espinoza	247	M	41	V	SUNNINGHILL STRIDE	JHB	01:51:44
76	Oupa Mareletse	487	M	55	M	JHB HARIERS AC		01:52:16
77	Solly Tshabalala	309	M	51	M	SAP	BETHLEHEM	01:52:54
78	Pierre Stoffberg	138	M	26	S	KLERKSDORP MARATHO	HARRISMITH	01:53:48
79	Hester Roux	215	F	40	V	NEDBANK VAAL	HEIDELBERG	01:54:30
80	Michael May	358	M	25	S	TEMP	KLOOF	01:54:48
81	Derek Kolb	66	M	36	S	JHB HARIERS AC	ALBERTON	01:54:59
82	Gregory Nottingham	470	M	27	S	TEMP	RANDBURG	01:55:11
83	Guy Nottingham	469	M	60	GM	FFA		01:55:11
84	Neo Ramohokoane	381	M	16	J	TEMP	WITSIESHOEK	01:55:12
85	Makhosaza Nkala	556	F	19	V	SCAW HARRIERS	VREDE	01:55:59
86	Lerato Mahlophe	354	M	19	J	TEMP	ERMELO	01:57:03
87	Daluiolo Langa	302	M	20	J	TEMP	HARRISMITH	01:57:53
88	Ansel Smit	433	F	23	S	TEMP	P E	01:57:54
89	Wynand Coetzee	529	M		J	TEMP	WESSELSBRON	01:57:55
90	Thabo Moloji	511	M	34	S	TSAKANE AC		01:57:55
91	Wynand Appelgryn	283	M	31	S	DISCOVERY VITALITY	HAZELDEAN	01:57:56
92	Owen Mutetwa	318	M	39	S	RANDBURG HARRIERS	JHB	01:58:32
93	Janos Herceg	451	M		M	GERMISTON CALLIES	WALKERVILLE	01:58:40
94	Charl Whitaker	174	M	41	S	KEMPTON ROAD RUNN	KEMPTONPARK	01:59:13
95	Ernst Conradie	510	M	28	S	TEMP		01:59:39
96	Johan Bleeker	80	M	36	S	TEAM VITALITY	JHB	01:59:39
97	Herman Heine	557	M	53	V	THABAZIMBI		01:59:51
98	Michael Miya	458	M	48	V	SETSINGS SUPERPAR		02:00:10
99	Zoe Brentano	221	F	26	S	RANDBURG HARRIERS	JHB	02:00:44
100	Gawie Van Jaarsveld	439	M	33	S	TEMP	CHASE VALLEY	02:01:15
101	Pieter N Enslin	316	M	37	S	TEA VITALITY	PTA	02:01:16
102	Masupha Makahnya	605	M		M	TEMP		02:01:17
103	Daniel Pienaar	582	M		S	VAAL AC		02:02:40
104	Desire Mkhabela	588	M	24	S	AWESOME RUNNERS	BENONI	02:02:52
105	R Moloji	548	M	25	S	SCAW HARRIERS		02:03:22
106	Petrus Mohalajeng	184	M	62	GM	VULTURES	SEBOKENG	02:03:23
107	Tibello Mahlasela	392	M	64	GM	TEMP	HARRISMITH	02:03:23
108	Jaco Labuschagne	567	M	31	S	TEMP	BETHLEHEM	02:03:57
109	Corne Vermaak	568	M	32	S	BHM		02:03:58
110	George Mavundla	254	M	52	M	LAC	LADYSMITH	02:03:59
111	Graham Callanan	536	M	59	M	BEDFORDVIEW CC		02:04:37
112	Ron Van Eck	518	M	55	M	MORNINGSIDE CCRR		02:04:47
113	Thabo Samel Moloji	343	M	49	V	TEMP	HARRISMITH	02:05:31
114	Bhekhe Mthembe	411	M	45	V	EMNAMBITHI STRIDER	HARRISMITH	02:05:32

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115	Hannes Holtzhausen	91	M	36	S	TEMP	JHB	02:05:33
116	Ronell Janse Van Rensburg	28	F	27	S	TEMP	WELKOM	02:05:36
117	Jan Coetzee	444	M	52	M	BETHLEHEM	BETHLEHEM	02:05:43
118	Tseko Motloung	550	M		S	COOL RUNNING		02:06:41
119	Robert Nkabinie	546	M	48	V	TEMP	HARRISMITH	02:07:57
120	Dakota Murphy	224	M	21	S	RANDBURG HARRIERS	JHB	02:07:58
121	Norman Letcher	19	M	49	V	RANDBURG HARRIERS	BROMHOF	02:07:59
122	Christopher Ferguson	86	M	27	S	JHB HARIERS AC	JHB	02:08:08
123	Rory Smith	57	M	51	M	TEAM VITALITY	MIDVAAL	02:08:24
124	Lelita Venter	240	F	29	S	NONE	BLOEMFONTEIN	02:08:25
125	Tebele Molata	491	M	46	V	JHAC		02:08:52
126	Louis Green	483	M	45	V	TEMP		02:09:08
127	Mohamed Adamjee	81	M	40	V	TEMP	JHB	02:09:26
128	Schalk Visser	110	M	37	S	TEMP	PTA	02:09:27
129	Sam Morard	468	F	45	V	STANDARD BANK AC		02:09:28
130	Derrick Oliver	479	M	58	M	KRUGERSDORP		02:09:30
131	Roddy Ru Plessis	188	M	39	S	RANDBURG HARRIERS	BOSKRUIJN	02:09:37
132	Martyn Barnes	514	M	50	M	STANDARD BANK AC	HURL PARK	02:09:46
133	Wynand Vivier	84	M	30	S	TEA VITALITY	PRETORIA	02:09:50
134	Johan Lamprecht	300	M	30	S	TEMP	HARRISMITH	02:09:50
135	Benita Coetzee	445	F	47	V	BETHLEHEM	WARDEN	02:10:06
136	Andrew Cameron	447	M	46	V	TEMP	DOWERGLEN	02:10:06
137	Jacob Paseka	531	M	50	M	JHAC	MEYERSDAL	02:10:07
138	Desiree Malan	525	F		S	VITALITY		02:10:55
139	Jw Van Der Merwe	541	M	14	J	TEMP		02:11:18
140	Ane Van Der Merwe	540	F	16	J	TEMP		02:11:18
141	Warren Du Plessis	189	M	28	S	TEMP	PRIMROSE	02:11:56
142	November Mlangeni	183	M	56	M	HMC	HARRISMITH	02:11:57
143	Johan Sadie	203	M	48	V	KEMPTON ROAD RUNN	KEMPTONPARK	02:12:26
144	Andre Kok	208	M	55	M	MAGNOLIA	KEMPTONPARK	02:12:27
145	George Barnard	248	M	45	V	KEMPTON ROAD RUNN	KEMPTONPARK	02:12:27
146	Marilise Vermaak	476	F	42	V	KRR		02:12:28
147	Ian Van Der Wal	478	M		V	KRR		02:12:29
148	Ryan Ziervogel	332	M	17	J	TEMP	ALBERTON	02:12:40
149	E Mohlading	505	M		M	SAPS MC	PHUTHADITJHABA	02:12:53
150	Liana Van Niekerk	225	F	21	S	MEMEL	MEMEL	02:13:29
151	Armand Visser	63	M	19	J	JHB HARIERS AC	ALBERTON	02:13:30
152	Lefa Motaung	432	M	29	S	TEMP		02:13:30
153	Michelle Botes	185	F	28	S	HMC	HARRISMITH	02:13:30

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154	Eugene Le Goff	421	M	66	GM	TEMP	KRUGERSDORP	02:13:31
155	David Smith	103	M	49	V	VAAL AC	VANDEBIJLPARK	02:13:31
156	Tshabalala Thabsile	235	F	19	J	H/S HIGH SCHOOL	HARRISMITH	02:13:46
157	Fusi A Mlangeni	165	M	26	S	TEMP	MOKODUMELA	02:13:47
158	Deon Roussouw	474	M	64	GM	KRUGERSDORP		02:13:48
159	Sarah Crooks	201	F	53	M	RANDBURG HARRIERS	SANDTON	02:14:27
160	Yonita Marto	413	F	41	V	RANDBURG HARRIERS	RANDBURG RIDGE	02:14:27
161	Alicia Grobler	558	F	34	S	TEMP		02:14:28
162	Ben Van Den Berg	355	M	30	S	TEMP	KLERKSDORP	02:15:36
163	Colin Spry	442	M	56	M	TEMP	MONDEOR	02:15:47
164	Chris Reyneke	504	M		S	TEMP		02:15:52
165	Johan Saayman	380	M	48	V	IRENE	ROOIHUISKRAAL	02:16:10
166	Percy Hillis	559	M	43	V	BHM		02:16:52
167	Ntando Makhaya	255	M	53	M	EMNAMBITHI STRIDER	LADYSMITH	02:16:53
168	Mulalo Gaza	488	F	37	S	AWESOME RUNNERS		02:17:27
169	Thembinhosi Mazibuko	486	M	20	S	TEMP	BLOEMFONTEIN	02:18:14
170	Andre Van De Vyver	202	M	60	GM	NEDBANK	NORKEM PARK	02:18:37
171	Annemie Taljaardt	29	F	29	S	TEMP	WELKOM	02:18:49
172	Kevin Venter	6	M	43	V	TEA VITALITY	ALBERTON	02:18:58
173	Antonie-Hopalong Mans	13	M	40	V	LEWENSSENTRUM	JHB	02:18:58
174	Tommy Gibson	234	M	66	GM	BENONI NORTHERNS	RYNFIELD	02:19:20
175	Mike McLoughlin	97	M	40	V	KEARSNEY STRIDERS	CAMPERDOWN	02:19:21
176	Alison Wasserfall	314	F	30	S	HILLCREST VILLAGER	HILLCREST	02:19:22
177	Johannes Koorts	561	M	31	S		VEREENIGING	02:19:33
178	Falko Buschke	371	M	29	S	TEMP	BETHLEHEM	02:20:15
179	Lewis Sandham	64	M	42	V	LEWIS SANDHAM	JHB	02:20:58
180	Amos Nathan	480	M	16	J	KRUGERSDORP		02:20:58
181	Rodney Jones	108	M	56	M	TEMP	RANDBURG	02:20:59
182	Anel Labuschagne	245	F	35	S	KEMPTON ROAD RUNN	KEMPTONPARK	02:20:59
183	Christa Strydom	350	F	18	J	GOING 4 GOLD		02:21:00
184	Chris Pugh	232	M	36	S	RANDBURG HARRIERS	JHB	02:21:00
185	Lambert Strauss	39	M	31	S	IRENE	PRETORIA	02:21:01
186	Carla Bruwer	38	F	30	S	IRENE	PRETORIA	02:21:02
187	Tobie Muller	99	M	41	V	TEA VITALITY	LINDEN	02:21:02
188	Pieter Erwee	23	M	36	S	ADVENTURE RACING	LINDEN	02:21:03
189	Mariska Fouche	47	F	35	S	VITALITY	SUNNINGHILL	02:21:30
190	Nadine Van Bosch	85	F	29	S	TEMP	JHB	02:21:31
191	Kyle Lutae	399	M	21	S	TEMP	HARRISMITH	02:21:32
192	Shaun Osburn	436	M	33	S	RANDBURG HARRIERS		02:22:21

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193	Rashipa Obaray	437	F	35	S	RANDBURG HARRIERS		02:22:22
194	Janine Vermaak	207	F	18	J	TEMP	KEMPTONPARK	02:22:29
195	Wynand Greyling	209	M	27	S	TEMP	KESTELL	02:22:29
196	Pakaisi Mptaung	501	M	41	V	TEMP	PAUL-ROUX	02:22:47
197	Christo Gouws	315	M	56	M	GERMISTON CALLIES	ALBERTON	02:23:24
198	Deidr Van Deventer	576	F	31	S	TEMP	BETHLEHEM	02:23:37
199	Nadia Van Rooyen	307	F	23	S	HMK	HARRISMITH	02:23:38
200	Iain Arnott	365	M	34	S	TEMP	PTA	02:24:06
201	Jaun Schoon	364	M	34	S	TEMP	PTA	02:24:07
202	Derek Brentano	222	M	61	GM	RANDBURG HARRIERS	JHB	02:24:27
203	Wayne Pienaar	17	M	33	S	VAAL AC	BUYSCELIA	02:24:33
204	Moji Mokobori	16	M	57	M	RAINBOW A.C CGA	EDENVALE	02:25:19
205	Hester Vanden Berg	373	F	37	S	TEMP	BETHLEHEM	02:25:20
206	Roxanne Oosthuizen	374	F	28	S	TEMP	BETHELEHEM	02:25:20
207	Martin Thirlwell	67	M	44	V	BEDFORDVIEW CC	GARDENVIEW	02:25:21
208	Mike Goodman	54	M	62	GM	TEMP	SUNNINGHILL	02:25:21
209	Allan Tatham	53	M	61	GM	DUBULAMANZI RUN C	RANDBURG	02:25:22
210	Heila Gericke	79	F	27	S	TEMP	SUNDOWNER	02:25:22
211	Heinrich Gericke	78	M	37	S	TEMP	SUNDOWNER	02:25:23
212	Tumelo Tsotetsi	581	M		S	ACHILES BLOEM		02:25:23
213	Moeketsi Ramohlokoane	420	M	51	M	SETSINGS SUPERPAR	WITSIESHOEK	02:25:51
214	Rynhardt Smidt	229	M	34	S	PENTAGON PISTOLS	BLOEMFONTEIN	02:25:51
215	Karl-Heinz Koch	12	M	34	S	RANDBURG HARRIERS	JHB	02:26:18
216	Meg Davey	471	F	46	V	NEDBANK		02:26:18
217	Daniel Smit	461	M	55	M	OLD EDWARDIANS		02:26:19
218	Elke Zurich	286	F	26	S	DISCOVERY VITALITY	CELTIS RIDGE	02:26:19
219	Rupert Potgieter	285	M	61	GM	PENTAGON PISTOLS	BARKLY EAST	02:26:53
220	Marisha Ferreira	231	F	32	S	TEMP	BELA BELA	02:27:17
221	Berit Klein	210	M	21	S	TEMP	PTA	02:27:17
222	Wessels De Jager	274	M	28	S	BETHLEHEM	BETHLEHEM	02:27:29
223	Leon Theron	331	M	28	S	TEMP	PTA	02:27:48
224	Derek Ferguson	88	M	61	GM	JHB HARIERS AC	JHB	02:27:57
225	A E Van Wyk	205	M	26	S	TEMP	PTA	02:28:15
226	Mhleli Nojozi	551	M		V	JHB HARIERS AC		02:29:35
227	Stephen Smith	543	M		V	VAAL AC	VEREENIGING	02:30:01
228	Bradley Gibbons	535	M	37	S	RAND AC	NEWCASTEL	02:30:11
229	Nigel Sherriff	8	M	40	V	RIVERSIDE HARRIERS	DURBAN	02:30:32
230	Albert Fayard	450	M	56	M	OLD EDWARDIANS		02:30:36
231	Eziel Esterhuysen	58	M	61	GM	JHB HARIERS AC	JHB	02:30:43

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232	Makheheleni P Motaung	434	M	36	S	TEMP	WITSIESHOEK	02:30:50
233	Morne Van Eeden	351	M	38	S	TEMP		02:32:21
234	Emmie Coetzee	446	F	18	J	TEMP	WARDEN	02:32:22
235	Lesiba Masenya	508	M		V	JHB HARIERS AC	JHB	02:32:22
236	Jean Janse Van Rensburg	463	M	21	S	JESUS		02:32:31
237	Franco Blignaut	409	M	27	S	TEMP	SECUNDA	02:32:32
238	Bongane Mabuza	599	M	47	V	AWESOME RUNNERS		02:32:57
239	Victor Broun	598	M	29	S	TEMP		02:32:58
240	Corne De Jager	152	F	39	S	TEMP	HARRISMITH	02:33:23
241	Arthur Louw	512	M	17	J	TEMP		02:33:24
242	Samantha Ferguson	87	F	28	S	VITALITY	JHB	02:33:36
243	Charles Van Der Westhuizen	49	M	30	S	NEDBANK	VAALPARK	02:34:12
244	Rika Stevenson	228	F	28	S	PENTAGON PISTOLS	BLOEMFONTEIN	02:34:12
245	Karen Nel	218	F	41	V	KEMPTON ROAD RUNN	KEMPTONPARK	02:34:12
246	Aj Kotze	339	M	21	S	TEMP		02:34:43
247	Casper Naude	386	M	24	S	BORN2RUN	HARRISMITH	02:34:43
248	Milandie Schoeman	322	F	25	S	TASOL	KROONSTAD	02:34:44
249	Riaan Coetzee	323	M	35	S	TASOL	KROONSTAD	02:34:44
250	Nick Dollman	239	M	42	V	TEMP	SUNNINGHILL	02:34:44
251	Sharon Kay	238	F	37	S	TEMP	RANDBURG	02:34:45
252	Joseph Khumalo	385	M		GM	BOKSBURG CLUB	BENONI	02:34:45
253	Louw J Pretorius	340	M	21	S	TEMP	KARENPAK	02:35:01
254	Corne Vermaak	171	M	39	S	TEMP	CENTURION	02:35:52
255	Chssie Lottering	372	M	42	V	TEMP	WELKOM	02:36:08
256	Will Grant	71	M	64	GM	RAND AC	JHB	02:36:44
257	Rene Steyn	172	F	34	S	TEMP	PRETORIA	02:37:00
258	Elna Malan	173	F	27	S	TEMP	PRETORIA	02:37:00
259	Johannes Oosthuysen	547	M	21	S	TEMP	POTCHEFSTROOM	02:37:08
260	Andries Van Den Heever	129	F	34	S	TEMP	PTA	02:38:16
261	Daniel R Snyman	101	M	35	S	CSIR	PTA	02:38:21
262	Erica Hamilton	544	F		M	VAAL AC		02:38:33
263	Marcus De Jonge	42	M	41	V	TEMP	PRETORIA	02:39:21
264	Jaco Swart	308	M	37	V	TEMP	HARRISMITH	02:39:45
265	Wilhelm M Coetzee	407	M	32	S	TEMP	HARRISMITH	02:39:45
266	Morgan Ziervogel	327	F	21	S	VISTA VIKINGS	ALBERTON	02:40:10
267	Joleen Van Rensburg	137	F	24	S	TEMP	HARRISMITH	02:40:11
268	Warren Ziervogel	326	M	46	V	VISTA VIKINGS	ELSBURG	02:40:11
269	Marli Hoogenboezem	9	F	23	S	TEMP	KLERKSDORP	02:40:12
270	Nadri Zitzke	10	F	24	S	TEMP	KLERKSDORP	02:40:13

<u>Pos.</u>	<u>Name</u>	<u>No.</u>	<u>Sex</u>	<u>Age</u>	<u>Cat.</u>	<u>Club</u>	<u>City</u>	<u>Time</u>
271	Joanne Richards	482	F	34	S	SUNNINGHILL STRIDE	PAULSHOF	02:40:47
272	Herman Steyn	193	M	62	GM	TEMP	BRACKEN GARDEN	02:40:48
273	Jan Volschenk	345	M	54	M	TEMP	HARRISMITH	02:40:48
274	Wilme Volschenk	389	F	20	S	TEMP	HARRISMITH	02:40:48
275	Vuki Ramashala	534	M	41	V	JHB HARIERS AC	ORLANDO	02:40:49
276	De Wet Potgieter	192	M	34	S	PANORAMA RC	KRUGERSDORP	02:40:49
277	Rustelle Janse Van Vuuren	214	F	26	S	MAGNOLIA	SPRINGS	02:41:16
278	Maxwell Makepe	460	M	54	M	HMC	WITSIESHOEK	02:41:28
279	Pieter Le Roux	519	M	38	S	TEMP	GARSFONTEIN	02:41:29
280	Hendrik Pretorius	178	M	35	S	BENONI HARRIERS	BOKSBURG	02:41:57
281	Carolien Van Heerden	181	F	32	S	RANDBURG HARRIERS	BRACKEN GARDEN	02:41:58
282	Lizette Sander	176	F	44	V	KEMPTON ROAD RUNN	ASTON MANOR	02:41:58
283	Buks Van Heerden	180	M	45	V	RANDBURG HARRIERS	BRACKEN GARDEN	02:41:59
284	Robie Venter	121	M	56	M	TEMP	WITBANK	02:42:08
285	Leon Roussouw	472	M	36	S	KRUGERSDORP		02:42:08
286	Harry Myburg	2	M	34	S	TEMP	HARRISMITH	02:42:09
287	Fikile Mabuza	570	F	36	S	AWESOME RUNNERS	THOKOZA	02:42:21
288	Michelle Koch	11	F	32	S	RANDBURG HARRIERS	JHB	02:42:21
289	M Mc Duling	338	F	21	S	TEMP	GERMISTON	02:42:46
290	Tomas Zalewsk	527	M		S	LEWENSSENTRUM		02:42:47
291	Shaun Haron	526	M		S	TEMP	FLORIDA PARK	02:42:47
292	Marius Viviers	204	M	29	S	NEDBANK	PTA	02:42:47
293	Johnny Du Toit	65	M	45	V	JHB HARIERS AC	JHB	02:42:49
294	Haidee De Villiers	104	M	46	S	TEMP	MIDDELBURG	02:43:33
295	Chris Du Plessis	26	M	43	V	MIDDELBURG MK	MIDDELBURG	02:43:34
296	Humphry Madonsela	166	M	33	S	TEMP	INTABAZWE	02:43:34
297	Adolph Gaza	489	M	40	V	AWESOME RUNNERS		02:43:41
298	Edca Van Zuydam	186	F	51	M	HMC	HARRISMITH	02:43:51
299	Johan Visser	62	M	47	V	JHB HARIERS AC	ALBERTON	02:44:05
300	Eugene Vermeulen	271	M	38	S	TEMP	HARRISMITH	02:44:44
301	Hennie Keen	115	M	65	GM	IRENE	CENTURION	02:45:39
302	Mariet Kriek	297	F	54	M	TEMP	VERKYKERSKOP	02:45:59
303	Paul Mokwena	523	M	66	GM	JHB HARIERS AC	JHB	02:46:16
304	Garreth Holmes	144	M	34	S	HARRISMITH	HARRISMITH	02:46:17
305	Elizabeth L Steenkamp	288	F	42	V	IRENE	PRETORIA	02:46:21
306	Yvette Fourie	383	F	38	S	TEMP	HARRISMITH	02:46:29
307	Elton J Taaibos	196	M	42	V	BROTHERHOOD	ELDORADO PARK	02:46:34
308	Jan Vermaak	206	M	55	M	TEMP	BIRCHLEIGH	02:46:48
309	Marius Pienaar	200	M	49	V	NONE	CENTURION	02:46:51
310	Lelani Du Preez	135	F	44	V	TEMP	BETHLEHEM	02:47:40

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311	Marius Croucamp	98	M	44	V	BEDFORDVIEW CC	BEDFORDVIEW	02:47:47
312	Gerhard Du Plessis	513	M	17	J	BERTS BRICKS	POTCHEFSTROOM	02:48:11
313	Maruis Du Plessis	466	M	46	V	TEMP	POTCHEFSTROOM	02:48:12
314	Lara Campher	396	F	38	S	TEMP	BETHLEHEM	02:48:23
315	Samuel Campher	397	M	38	S	BETHLEHEM	BETHLEHEM	02:48:23
316	Johan Scheepers	34	M	53	M	KPMG	PRETORIA	02:48:44
317	Marcelle Bakker	113	F	39	S	RUNAVATION	ELARDUSPARK	02:48:44
318	Mokona Mbuthi	604	M		M	TEMP		02:48:45
319	David Ducie	410	M	32	S	GOUDVELD MULTISP.	WELKOM	02:48:54
320	Martin Struwig	456	M	48	V	TEMP	LADYSMITH	02:49:35
321	Nicolaas Rothman	422	M	36	S	TEMP	BETHLEHEM	02:49:35
322	Leone Smit	435	F	24	S	TEMP		02:49:36
323	Sandra Badenhorst	227	F	30	S	TEMP	WINTERTON	02:51:27
324	Salome Van Der Merwe	22	F	22	S	TEMP	HARRISMITH	02:51:52
325	Wynand Gows	579	M	45	V	TEMP		02:51:53
326	Khaya Sibeko	59	M	40	V	TEAM VITALITY	BASSONIA	02:51:54
327	Lindiwe Masuku	257	F	43	V	TEMP	NEWCASTLE	02:52:14
328	Anshe Stoffberg	140	F	24	S	KLERKSDORP MK	HARRISMITH	02:52:31
329	Ruan Lingenfelder	532	M	36	S	PENTAGON PISTOLS	BLOEMFONTEIN	02:52:40
330	Matthew Morris	368	M	30	S	TEMP	BEDFORDVIEW	02:52:57
331	Daniel Bakker	114	M	40	V	MARCELLE BAKKER	PTA	02:52:58
332	Reino Huyser	4	M	35	S	UPINGTON CRUSAD.	UPINGTON	02:52:59
333	Kirsty Von Gogh	120	F	35	S	VARSITY KUDUS	PARKVIEW	02:53:42
334	Koos Janse Van Rensburg	400	M	43	V	TEMP	NIGEL	02:53:43
335	Cherene Wilken	497	F	30	S	TEMP	HEIDELBERG	02:53:44
336	Tanis March	353	F	50	M	COLLEGIANS		02:53:44
337	Maritza Rossouw	277	F	34	S	HARRISMITH	HARRISMITH	02:53:45
338	Gawie Rossouw	276	M	33	S	TEMP	HARRISMITH	02:53:46
339	Heinrich Prigge	50	M	37	S	NEDBANK	BOSKRUIJN	02:53:48
340	Marius Filmater	583	M	34	S	TEMP		02:54:02
341	Tina Pretorius	179	F	30	S	BENONI HARRIERS	BOKSBURG	02:54:23
342	Martin Allen	390	M	28	S	TEMP	HARRISMITH	02:54:23
343	Michael Bennett	292	M	58	M	TEMP	PRETORIA	02:54:24
344	Mamoya Mokoena	375	F	43	V	TEMP	BETHLEHEM	02:54:25
345	Louis Snyman	360	M	31	S	TEMP		02:54:42
346	Opa Oliver Jarm	268	M	57	M	HARRISMITH	HARRISMITH	02:55:19
347	Chrisjan VD Merwe	148	M	15	J	TEMP	HARRISMITH	02:55:20
348	Warren Jarm	272	M	35	S	HARRISMITH	HARRISMITH	02:55:21
349	Zibhle Mashinini	572	M		S	AWESOME RUNNERS		02:55:22

<u>Pos.</u>	<u>Name</u>	<u>No.</u>	<u>Sex</u>	<u>Age</u>	<u>Cat.</u>	<u>Club</u>	<u>City</u>	<u>Time</u>
350	Ronald Lingenfelder	533	M	65	GM	TEMP	BLOEMFONTEIN	02:55:46
351	Jan Paulus Koorts	560	M	57	M	VAAL AC		02:56:16
352	Maria De Gouvein	545	F	59	M	HARTBESPOORT		02:56:17
353	P J Botha	592	M	33	S	VAAL AC		02:56:35
354	Tawie Wolvaardt	261	M	26	S	TEMP	PRETORA	02:56:36
355	Heleni Truter	260	F	23	S	TEMP	HATFIELD	02:56:36
356	Phumla Majeke	503	F	37	S	TEMP	BETHLEHEM	02:56:37
357	Karel Steyn	311	M	41	V	TEMP	HARRISMITH	02:57:06
358	Adel Steyn	296	F	40	M	TEMP	HARRISMITH	02:57:10
359	Edi Thokoa	594	F	32	S	AWESOME RUNNERS	VEREENIGING	02:57:11
360	Lesley Scorgie	143	F	24	S	TEMP	HARRISMITH	02:57:12
361	Louise Smith	542	F		M	VAAL AC	VEREENIGING	02:57:20
362	T Morisse	477	F	48	V	RAND R WARRIOR		02:57:23
363	Gamelihle Hlatshwayo	250	M	47	V	EMNAMBITHI STRIDER	LADYSMITH	02:57:30
364	Lelo Mtambo	522	F	37	S	JHB HARIERS AC		02:57:31
365	Eric Burbidge	603	M	35	S	TEMP		02:57:31
366	Nicholas Van Der Bijl	320	M	31	S	TEMP	RUIMSIG	02:57:46
367	Heloise Hunter	182	F	28	S	TEMP	DURBAN	02:57:47
368	Lauren Von Gogh	117	F	32	S	VARSITY KUDUS	JHB	02:58:28
369	Lynsey McEwan	107	F	30	S	VARSITY KUDUS	FONTAINEBLEU	02:58:28
370	Deon Maree	344	M	51	M	HMC	HARRISMITH	02:58:29
371	Christa Matjekane	337	F	40	V	TEMP	PAULSHOF	02:58:29
372	Nicole Whittington	403	F	14	J	TEMP	BENONI	02:58:31
373	Mark Whittington	402	M	37	S	TEMP	BENONI	02:58:31
374	Adriana Baldock	289	F	26	S	TEMP	HARRISMITH	03:00:10
375	Michelle Jarm	269	F	31	S	TEMP	HARRISMITH	03:00:11
376	Dirk Nel	273	M	39	S	HARRISMITH	HARRISMITH	03:00:11
377	Dewald Venter	566	M	30	S	SANDF FS	BLOEMFONTEIN	03:00:12
378	Shavonne Venter	565	F	27	S	TEMP		03:00:31
379	Sean Delpont	507	M		M	KRUGERSDORP		03:00:32
380	Petro Steyl	294	F	52	M	HMK	HARRISMITH	03:00:33
381	Tyson Zunckel	406	M	28	S	TEMP	BERGVILLE	03:00:39
382	Tamarin M T Smith	405	F	25	S	TEMP		03:00:39
383	Jacobus Steenkamp	287	M	41	V	TEMP	PRETORIA	03:01:04
384	Ewa Hyra	105	F	57	M	TEMP	MIDDELBURG	03:01:19
385	Riethabile Mokoena	155	M	34	S	TEMP	PHUTHADITJHABA	03:01:50
386	Lucy Theron	241	F	56	M	RANDBURG HARRIERS	ALLENSNEK	03:01:57
387	Pieter Aucamp	284	M	34	S	TEMP	HARRISMITH	03:02:26
388	Gerda Regal	376	F	48	V	TEMP	WELKOM	03:03:03
389	Ben Regal	377	M	49	V	TEMP	WELKOM	03:03:04

<u>Pos.</u>	<u>Name</u>	<u>No.</u>	<u>Sex</u>	<u>Age</u>	<u>Cat.</u>	<u>Club</u>	<u>City</u>	<u>Time</u>
390	Ruhan Michau	393	M	21	S	HMC	MIDDELBURG	03:03:04
391	Marene Coetzee	414	F	22	S	TEMP	BRITS	03:03:05
392	Jaco Coetzee	408	M	21	S	TEMP	HARRISMITH	03:03:06
393	E Nel	465	F	18	J	MALUTI MULTI SPORT		03:03:38
394	Jana Michau	418	F	16	J	TEMP	BOTSWANA	03:03:39
395	Dean Baker	453	M		V	TEMP	BEDFORDVIEW	03:03:39
396	Nico Human	281	M	28	S	TEMP	HARRISMITH	03:03:40
397	Elna Pieters	280	F	24	S	TEMP	HARRISMITH	03:03:41
398	Johannes Khoele	126	M	66	GM	JHB HARIERS AC	JHB	03:03:59
399	Charles Peternell	72	M	41	V	JHAC	JHB	03:03:59
400	Alistair Wright	56	M	44	V	JHB HARIERS AC	JHB	03:04:00
401	Cheryl Van Greunen	60	F	28	S	TEMP	JHB	03:04:11
402	Frans-Louis Van Greunen	61	M	36	S	TEMP	JHB	03:04:12
403	Louis Van Rooyen	270	M	29	S	TEMP	HARRISMITH	03:04:16
404	Willie Snyman	564	M	68	GM	SCHWEIZER RENEKE		03:04:22
405	Willem Boshoff	425	M	38	S	TEMP	PAULROUX	03:04:42
406	Mathinus Boshoff	426	M	39	S	TEMP	BETHLEHEM	03:04:42
407	Thabang Mokotedi	440	F	46	V	QWA QWA EAGLES	HARRISMITH	03:04:55
408	Zanele Gebuza	571	F	32	S	AWESOME RUNNERS		03:05:09
409	Amanda Hickman	321	F	29	S	TEMP	RUIMSIG	03:05:20
410	Bryan Roestof	217	M	16	J	NATAL CARBINEERS	PMB	03:05:53
411	Catheryn Meyer	424	F	41	V	TEMP		03:05:54
412	Khatija Patel	82	F	37	S	TEMP	JHB	03:06:22
413	Chantelle De Jager	267	F	28	S	BETHLEHEM	BETHLEHEM	03:06:33
414	Micky Nlabihde	563	M	54	V	TEMP		03:07:14
415	Christa Mouton	177	F	59	M	AGAPE	GARSFONTEIN	03:07:14
416	Melisna Grobler	387	F	31	S	TEMP	CLARENS	03:07:15
417	Arrie Marais	282	M	35	S	TEMP	HARRISMITH	03:07:21
418	Nokuthula Radebe	573	F	43	V	AWESOME RUNNERS		03:07:48
419	Ruolph Marx	462	M	16	J	TEMP	HARRISMITH	03:08:35
420	Dewald Richter	520	M	27	S	TEMP	KLERKSDORP	03:08:54
421	Jaco Van Der Watt	401	M	46	V	TEMP		03:10:09
422	Annerie Schmidt	243	F	50	M	TEMP	LADYSMITH	03:11:07
423	Henry Christie Jacobs	431	M	41	V	TEMP	KEMPTON PARK	03:11:56
424	Marno Jacobs	419	M	17	J	TEMP	HARRISMITH	03:13:42
425	Sune Beuken	415	F	16	J	TEMP		03:13:42
426	Hugo Beuken	416	M	18	J	TEMP	HARRISMITH	03:13:43
427	Dana Van Den Berg	112	M	41	V	MIDSTREAM	LYTTELTON	03:13:43
428	Melissa Cameron	448	F	37	S	TEMP	DOWERGLEN	03:13:44

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429	Graham Lewis	580	M	63	GM	HILLCREST VILLAGER		03:13:45
430	Johan Wasserfall	324	M	64	GM	HILLCREST VILLAGER	HILLCREST	03:13:46
431	Sally George	330	F	49	V	RANDBURG HARRIERS	JHB	03:14:10
432	Wietsche Oosthuizen	492	M	37	S	TEMP	HEIDELBERG	03:14:23
433	Lizemari Oosthuizen	493	F	32	S	TEMP	HEIDELBERG	03:14:23
434	Lindi Grobler	499	F	36	S	TEMP		03:14:24
435	Mbali Mqzibuko	585	F	33	S	TEMP	HARRISMITH	03:14:51
436	Johan Wolvaardt	265	M	30	S	TEMP	MONUMENT PARK	03:14:52
437	Meagan Wolvaardt	264	F	26	S	TEMP	MONUMENT PARK	03:14:53
438	Nadia Botha	132	F	28	S	TEMP	PTA	03:15:15
439	Dieter Barnard	133	M	27	S	TEMP	PTA	03:15:16
440	Martin Monk	584	M	33	S	TEMP	BETHLEHEM	03:16:04
441	Thea Van Heerden	30	F	40	V	IRENE	MIDRAND	03:16:43
442	Blue Hadlow	31	M	43	V	IRENE	MIDSTREAM	03:16:43
443	Morris Crook	55	M	53	M	JHAC	JHB	03:19:07
444	Samantha Winterbottom	93	F	41	V	JHB HARIERS AC	GAUTENG	03:19:07
445	Chantal Naude	335	F	42	V	KEARSNEY STRIDERS	DURBAN	03:19:07
446	Monica Ruth Phillips	199	F	49	V	JHB HARIERS AC	JHB	03:19:08
447	Gina Caskie	74	F	38	S	JHB HARIERS AC	JHB	03:19:08
448	Shai Mothiba	538	M	17	J	JHB HARIERS AC	JHB	03:19:08
449	Them bani Mahlaleda	574	F	39	S	AWESOME RUNNERS	BENONI	03:19:10
450	Bongane Mabuza	599	M	48	V	AWESOME RUNNERS		03:19:10
451	Jennifer Joynt	122	F	40	V	MODERN ATHLETE	JHB	03:19:11
452	Willie du Preex	170	M	36	S	BOXMORE	HARRISMITH	03:19:11
453	Puleng Jeanett Moloi	275	F	37	S	TEMP	HARRISMITH	03:19:12
454	Andrew Spence	328	M	46	V	TEA VITALITY	ESTCOURT	03:19:13
455	Lucio De Re	349	M	61	GM	TEMP		03:19:13
456	Almanda Fouche	485	F	50	M	GOUDVELD MULTISP.		03:19:13
457	Amelia Du Plessis	131	F	45	V	GOUDVELD MULTISP.	HENNEMAN	03:19:14
458	Robyn Joynt	124	F	20	S	MODERN ATHLETE	JHB	03:19:15
459	Molene Scheepers	33	F	50	M	VITALITY	PRETORIA	03:19:17
460	Glenda Bezuidenhout	95	F	47	V	VTM	MIDRAND	03:19:33
461	Mark Morris	367	M	54	M	TEMP	BEDFORDVIEW	03:20:00
462	Johan Botha	370	M	35	S	TEMP	VAN RIEBEECK	03:20:08
463	Anneke Wagner	369	F	33	S	KEMPTON ROAD RUNN	VAN RIEBEECK	03:20:08
464	Doreen Holmes	149	F	32	S	TEMP	HARRISMITH	03:20:25
465	Felicity Kromhout	94	F	62	GM	RUN WALK FOR LIFE		03:21:02
466	Jacques Du Plessis	45	M	26	S	TEMP	POTCHEFSTROOM	03:21:14
467	Puleng Marta Mokoena	342	F	54	M	HARRISMITH	HARRISMITH	03:21:19

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468	Antoinette Van Der Walt	46	F	25	S	TEMP	POTCHEFSTROOM	03:21:22
469	Rounelle Venter	198	F	53	M	TEMP	ROOIHUISKRAAL	03:23:37
470	Maria Stander	427	F	25	S	TEMP	BETHLEHEM	03:23:40
471	Hennie Barnard	96	M	56	M	VTM	JHB	03:23:47
472	Mandosi Dirane	467	F	41	V	TEMP		03:25:14
473	Tshepiso Mahlatsi	589	M		S	TEMP	HARRISMITH	03:26:03
474	Marulette Erasmus	363	F	52	M	FORD AC		03:26:25
475	Zodwa Biyela	252	F	48	V	EMNAMBITHI STRIDER	LADYSMITH	03:26:36
476	Darren Braam	495	M	43	V	TEMP	JHB	03:26:52
477	Henk Korze	496	M	28	S	TEMP		03:26:53
478	Victor Mbatha	591	M	28	S	WILGEPARK GYM	WITSIESHOEK	03:27:49
479	Arthur Pretorius	211	M	60	GM	CARLETONVILLE HARR	CARLETONVILLE	03:27:50
480	Sameul K Molo	299	M	49	V	HMC	HARRISMITH	03:28:53
481	Andries Bester	278	M	32	S	TEMP	HARRISMITH	03:28:56
482	Chriselda Bester	279	F	27	S	TEMP	HARRISMITH	03:28:57
483	Kobus Botes	362	M	64	GM	COALDUST		03:29:16
484	Marguriett Pretorius	212	F	29	S	TEMP	HARRISMITH	03:29:28
485	Bennie Botha	593	M	60	GM	VAAL AC		03:29:40
486	Danie Botha	249	M	53	M	TEMP	DEWETSDORP	03:29:55